

Change a WordPress theme in the database

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You can activate your WordPress theme from within the database. This is helpful if you can't access WordPress due to an issue with your theme. [Log into phpMyAdmin](#). Click on the database you want to manage. Click on the `wp_options` table. Under the `option_name` column, locate the **template** entry. You may need to navigate beyond the first page of entries. Click **Edit** next to the **template** entry. In the `option_value` column, change the value to the name of your theme. The new value must be the same as your theme's folder name. To save, click **Go**. Click **Edit** next to the **stylesheet** entry. In the `option_value` column, change the value to the name of your theme (or child theme, if you've previously created one). The new value must be the same as your theme's folder name(ex. *twentyseventeen*). To save, click **Go**.

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