

Disable WordPress plugins in the database

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You can use the steps below to disable your plugins from within the database. This can be helpful if you can't access your WordPress dashboard. Log into phpMyAdmin. Click on the **wp_options** table. Locate the **active_plugins** entry under the **option_name** column. You may need to navigate beyond the first page of entries. Click the **Edit** button for that row. Select all of the text found in the **option_value** field, copy it, and paste it into a text editor. Once the text was copied to a safe place, you can delete it from phpMyAdmin. Click **Go** to submit the change. You can re-enable your plugins at any time by editing the **active_plugins** entry again and pasting in the text you removed earlier.

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Online URL: <https://www.heartinternet.uk/support/article/disable-wordpress-plugins-in-the-database.html>