**What is SSH File Transfer Protocol (SFTP)**

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SSH File Transfer Protocol (SFTP) is a method or transferring files over a Secure Shell (SSH). SFTP allows the transfer of files using an SSH session, allowing authentication and security provided with SSH. It is often mistaken for FTPS (Secure File Transfer Protocol) which is an encrypted File Transfer Protocol (FTP) session, allowing the transfer of files using a traditional FTP session. **Can I use SFTP on Shared Hosting?** Yes, all you need to do is specify the correct protocol and port when connecting through your client. Here is an example of what details you'll need to use: **Hostname:** sftp://ftp.yourdomain.com (The FTP server IP address will also suffice)

**Username:** yourdomain.com

**Password:** Your FTP Password

**Port:** 22


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